



Creekwood

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NOTES & NEWS

Important Numbers

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Happy New Year to You

As the new year starts, many people make resolutions to change their lives in some way. Others simply resolve to enjoy what life has to offer. Whatever your outlook, we wish you a wonderful new year.

Starting a New Chapter

"The new year stands before us, like a chapter in a book, waiting to be written." — Melody Beattie

Reminders To Protect Yourself

Follow these simple steps to help protect yourself and those around you:

- Wash your hands often.
- Cough and sneeze into a tissue or your elbow.
- Don't touch your face.
- Maintain a distance of at least 6 feet from other people.

HIGHLIGHTS

Wake Up Happy

"Start each day with a positive thought and a grateful heart." —Roy T. Bennett

Wok This Way

Most commonly associated with stir-frying, the cooking pan called a wok has many uses and is one of the best ways to prepare food. The wok's tall, sloping sides create both a "sear zone" on the bottom, giving ingredients more flavor, and a "steam zone" throughout the rest of the pan, helping food cook quickly. The larger surface area makes a wok the ideal vessel for one-pan recipes or cooking for a crowd.

Protect Your Privacy Online

Data Privacy Day on Jan. 28 reminds us how important it is to keep our personal information secure, especially in this digital age. Use these tips to protect your data online:

- On all your devices, keep apps and software up-to-date.
- Use long, unique passwords for different accounts. Change them occasionally, or whenever there's a security breach.
- Enable multi-factor authentication for important accounts like banking and social media.
- Turn off location and activity tracking on mobile apps, and regularly clear cookies on your browser.

There is no better time than the present to thank you all for renewing your lease with us. Renewing a lease means you are happy and comfortable with your home; this speaks volumes to us and our corporate headquarters. If there is anything we can do to make your stay more pleasant, do not hesitate to reach out. We would also like to thank you for your continued support in maintaining quiet hours between 10 pm and 8 am.



BULLETIN BOARD

Creekwood Staff
Property Manager
 Traci
Assistant Manager
 Helen
Maintenance Technicians
 Thom
 John

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Happy New Year



DL584KL

TRIVIA WHIZ

Frosty Facts About Chilly Critters

While winter weather makes some of us shudder, to these animals, the coldest season is "snow" big deal!

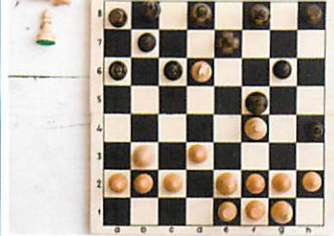
Snowshoe hare. This astonishing little hare, residing within North America, changes color for the seasons, wearing a white coat in the winter and a brown coat in spring and summer. Snowshoe hares are identifiable by the very tips of their ears, which always stay black, and large hind legs that keep the critters from sinking in the snow.

Snowy owl. This striking bird is always on the move. As Arctic summers are full of extreme daylight, these owls have learned to hunt during the day, as well as at night. They travel far, too; one snowy owl, tracked in 2012, made a 7,000-mile round trip through Massachusetts and the Arctic.

Snow monkey. Also known as the Japanese macaque, these monkeys live on three of the four main Japanese islands. The primates located in the colder areas often bathe in thermal springs heated by volcanoes. They also make snowballs, just for fun!

Snow leopard. At home in the Himalayas and other mountain ranges of Asia, snow leopards are solitary and elusive, earning them the nickname "ghosts of the mountains." The cat stays cozy by wrapping its long tail around its body like a blanket.

Arctic ground squirrel. This is the only ground squirrel that dwells in the northernmost regions of Russia and North America. These mammals hibernate for seven to eight months and have a rare way of doing it: Their body temperature drops below freezing, and they can spend 12 to 15 hours shivering in their sleep to stay warm.



Inspire Your Creativity in the New Year

Are you stuck in a creative rut? Or maybe you are just beginning your creative journey and you don't know where to start. Don't fret! The good news is that creativity is more of a learned skill than a born talent. This means you can boost your creativity and improve your craft.

Make time for creative thinking. Our lives can get busy, but frazzled brains and packed schedules don't lend themselves to a creative flow. Steven Kotler, an author and expert

on human performance, suggests scheduling regular "non-time," which is essentially time that is your own. To get creative in this non-time, allow yourself to daydream, brainstorm or journal. Reward your curiosity; follow that thought down the rabbit hole without worrying about wasting time.

Get happy! When you are in a good mood, your brain is more sensitive to out-of-the-box thinking, meaning you are more open to fresh ideas and creative solutions. Building your confidence will also aid in your artistic journey, helping you overcome the fear of failure when exploring new creative outlets.

Just get started. Creativity can stem from creativity: Pick up an instrument and begin learning; grab a canvas and draw or paint freely; sling that camera strap over your head and take a walk outside. Even exercising or playing chess can improve creativity levels.

In Style With Argyle

You have most likely seen argyle socks or sweaters while watching golf, or maybe on a cyclist or soccer player. With overlapping diamond shapes and intersecting lines that help create texture, movement and a 3D effect, argyle is a dynamic design that has stood the test of time.

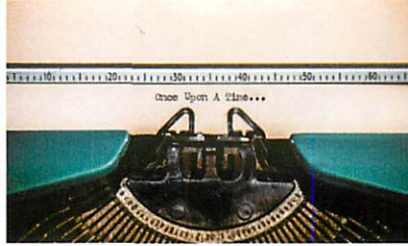
Argyle originated with the tartan pattern of Clan Campbell, a Highland clan from the county Argyll in western Scotland. The design has been worn on kilts and socks since the 17th century. In the early 1900s, knitwear company Pringle of Scotland developed their signature argyle pattern, the basis of many modern argyle motifs.

Following World War I, argyle's popularity soared thanks to Edward, the Prince of Wales, a fashionable trendsetter who often sported the pattern on his socks and jersey while golfing.

In the 1990s, champion golfer Payne Stewart was known for his flashy outfits and argyle socks. So far, the 21st century has seen the design woven into the uniforms of several sports teams and worn by celebs as a nod to all things '90s.

Celebrate Argyle Day on Jan. 8 by wearing the pattern on a sweater, skirt, necktie or pair of socks. If you're feeling creative, you could even host an argyle-knitting party or bake a dessert and decorate it with an argyle pattern using frosting or fondant.





WIT & WISDOM



Solutions for Cluttered Surfaces

In many homes, flat surfaces are magnets for clutter. Keep your space clean and comfortable with these tips:

Keeping surfaces tidy starts with a simple rule: Don't put it down; put it away. Clutter often accumulates because things don't have a proper place. Before setting an item on a surface, ask yourself where you would go looking for it if you suddenly needed it. Then, go put it in that spot.

A major source of tabletop clutter is unloading items when you arrive home. Instead of dropping bags to the floor or stacking mail on the counter, change your routine. Use hooks to hang keys, bags and jackets as soon as you walk in the door. Sort mail immediately, filing what needs to be kept and tossing or recycling the rest.

Kitchen and bathroom counters can easily become overcrowded. Only leave out the stuff you use daily, and store other items in cabinets, on shelves or on hooks.

Trays and baskets are attractive solutions to storing loose items, but they can quickly fill to overflowing if they're used as catchall containers. If objects in the container can go somewhere else, do that instead. Assign only certain things to a specific tray or basket so they stay organized, not just a tabletop version of a junk drawer.

Once a surface is decluttered, try your best to keep it that way by doing a quick cleanup every day or once a week.

Onion, Mushroom and Bacon Pierogies

Craving comfort food on a cold winter's day? Whip up these savory dumplings.

Ingredients:

- 4 strips bacon, chopped
- 3 small onions, thinly sliced
- 1/3 cup cremini mushrooms, thinly sliced
- 2 teaspoons fresh thyme
- 1 tablespoon balsamic vinegar
- 1 tablespoon sugar
- 1/2 teaspoon salt
- 2 tablespoons butter
- 1 package frozen cheddar pierogies
- Sour cream, for serving

Directions:

Cook the chopped bacon over medium-high heat until tips begin to crisp.

With bacon and drippings still in pan, add onions, mushrooms, thyme, balsamic vinegar, sugar and salt. Cook for 2 to 3 minutes until onions begin to brown. Reduce heat to medium-low and simmer, covered, for 10 to 15 minutes, stirring occasionally. Set aside.

Melt butter in a clean skillet and sauté pierogies according to the package directions.

Top pierogies with caramelized onion mixture. Serve with sour cream.

*Find more recipes at
MrsTsPierogies.com.*



"I don't need a big house ...
just a cozy one."

—**Brooke Lea Foster**

"Words of comfort, skillfully
administered, are the oldest therapy
known to man."

—**Louis Nizer**

"There's a different kind of comfort
that comes from knowing that you are
putting your best foot forward."

—**Tom Ford**

"Oh, the comfort—the inexpressible
comfort of feeling safe with a person—
having neither to weigh thoughts nor
measure words, but pouring them all
right out, just as they are."

—**Dinah Maria Mulock Craik**

"All food is comfort food.
Maybe I just like to chew."

—**Lewis Black**

"There is a comfort in rituals, and
rituals provide a framework for stability
when you are trying to find answers."

—**Deborah Norville**

"Songs don't wear out. Good songs
are good now. If they were a comfort
during those hard times in the past,
they'll be a comfort in today's age."

—**Levon Helm**

"I'm a big believer in small, dark, cozy
bedrooms ... I need the enveloping
comfort of a little squirrel's nest
when I have to retreat from the world
to recharge."

—**Michael Bastian**

"There is no happiness like that of
being loved by your fellow-creatures,
and feeling that your presence is an
addition to their comfort."

—**Charlotte Bronte**



January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1	New Year's Day (Observed) 2 Office Closed	3	4	5	6 <i>RENT IS LATE</i> 	7
8	9	10	11 Pest Control Bldgs. A-E Exterior	12	13	14
15	Martin Luther King Jr. Day 16 Office Closed	17	18	19 National Popcorn Day!!	20 	21
22	23 	24	25 Pest Control Bldgs. F-J Exterior	26	27	28
29	30	31	<i>January</i>			

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>RENT IS DUE</i> 	2	3 NATIONAL WEAR RED DAY 	4
5	6 LATE FEES!	7	8 Pest Control Interior & A/C Filter Bldgs. A-E	9	10	11
12 SUPER BOWL SUNDAY	13	14 	15	16	17 Random Acts of Kindness Day!	18
19	Presidents Day 20	21	22 Pest Control Interior & A/C Filter Bldgs. F-J	23	24	25
26	27	28	<i>february</i>			